Who in the church (other than your spouse) truly knows you — your temptations, struggles, and joys? How are you pursuing or deepening that kind of relationship? If no one comes to mind, what might be holding you back from taking that step?

Purity

- When temptation comes, what patterns do you notice in how you respond — and what are you learning from that?
- What helps you stay on track with purity day by day?

Honesty

- In what situations this week were you tempted to hide, bend the truth, or speak in a self-protective way? Where did you exaggerate details to promote yourself?
- Where have you found yourself shaping your image to be more impressive or acceptable than the truth?
- How are you pursuing honesty even when it's costly or uncomfortable?

Anti-worldliness

- What worldly values (like approval, success, pleasure, control) have tugged at your heart this week?
- How are you actively resisting the pull of the world — and where do you feel most vulnerable?

Protecting marriage

- Have you found yourself giving emotional or relational attention to someone of the opposite sex in ways that could threaten faithfulness?
- Where do you need to be more intentional about guarding faithfulness — either for yourself or for someone else? How will you go about it?
- What boundaries or habits are helping you protect and honour your (or others') marriages?
- How have you honoured your marriage (or others' marriages) in your thoughts, habits, and relationships this week?

Justice in power relationships

- Where is God calling you to act more fairly, humbly, or attentively toward someone under your care?
- In your areas of influence (family, workplace, ministry), how have you used your voice and decisions to protect and build others up?
- When have you slowed down to really hear the concerns of those who depend on you?

Mercy

- Who around you this week needed compassion — and how did you respond?
- Where have you had (or missed) the chance to show mercy that costs something?
- What excuses or inner barriers made it harder for you to show mercy this week?
- How are you noticing or overlooking those who are especially vulnerable — like the poor, the isolated, the widow, the orphan, or the outsider?

Keeping God as your confidence

- What have you been leaning on most for peace or identity this week — and how has that shaped your reactions?
- Where do you feel God inviting you to trust Him more deeply — even when it's hard?

Loving our enemies

- Who has tested your patience or forgiveness this week — and what surfaced in your heart?
- What do your words or reactions this week reveal about how you see those who oppose or frustrate you?
- How is the gospel shaping the way you think, speak, or pray about those who've hurt you?

Hospitality to the stranger

- Where has God brought someone across your path who needed welcome — and how did you respond?
- Who in your life might be feeling unseen or out of place right now — and how could you move toward them?
- What's keeping you from opening your time, home, or attention to others right now?

Open confession of sin

- How are you practising confession — not just with God, but with others who walk with you?
- What makes it difficult for you to confess sin honestly to others — and how are you growing in living openly before God and trusted believers?
- What have you felt tempted to keep hidden this week — and what does that reveal about your heart?

Anti-exploitation

- How have you treated those whose work, service, or labour benefit you?
- How are you ensuring that your choices — financial, relational, or practical — reflect love and dignity toward others, especially the unseen?